

Lunch Menu Lent Term 2019 Week 3: Weeks Commencing 21/01, 11/02, 04/03 and 25/03

	Monday	Tuesday	Wednesday	Thursday	Friday
Main meal	Best Pork Sausages served with baked potato wedges	Pasta Carbonara Penne pasta baked in a creamy cheese and pancetta sauce served with garlic bread and a mixed salad	Roast Gammon Gammon served with yorkshire puddings and a rich gravy	Chicken Kebabs Marinated pieces of chicken served on flat breads with crispy salad and tzakziki	Jumbo Fish Finger Flaky cod in a golden batter
					Fish Pie Chunks of smoked white fish in a parsley sauce topped with grated potato
Vegetarian	Tomato & Herb Pizza Pizza base topped with home-made tomato and herb sauce with mozzarella cheese	Vegetable Korma Marinated vegetables cooked in a korma sauce served with spinach rice, poppodums and chutney	Roasted Vegetable Hotpot Roasted seasonal vegetables served in a rich onion gravy topped with savoury scones	Macaroni Cheese Pasta cooked in a rich cheese sauce served with garlic bread and a baby leaf salad	Quorn Sausages Quorn sausages served with onion gravy
Jacket Potato	Jacket Potato served with a choice of tuna, baked beans, cheese or ham	Jacket Potato served with a choice of tuna, baked beans, cheese or ham	Jacket Potato served with a choice of tuna, baked beans, cheese or ham	Jacket Potato served with a choice of tuna, baked beans, cheese or ham	Jacket Potato served with a choice of tuna, baked beans, cheese or ham
Salads & Vegetables	All our main dishes are accompanied with a selection of freshly made salads and seasonal vegetables				
Dessert	A selection of cakes, desserts, jelly, yogurt, fresh fruit platter and whole fruits	A selection of cakes, desserts, jelly, yogurt, fresh fruit platter and whole fruits	Fruity Wednesday A lunch without cakes! A selection of fruits to encourage pupils to explore new tastes and textures along with jellies and yogurt	A selection of cakes, desserts, jelly, yogurt, fresh fruit platter and whole fruits	A selection of cakes, desserts, jelly, yogurt, fresh fruit platter and whole fruits

Child's Name: _____

Child's Form: _____